## Autumn Term: Workout 12

## Warm up

1. Add '**a**' or '**an**' to the gaps below.

Stephen's had ..... horrible day. Firstly, his train was

half ...... hour late. Then he stepped into

puddle. Finally, he ate \_\_\_\_\_ orange that had gone off.

2. Circle the correctly spelt words below.

Phil walked straight passed / past me.
Hundreds of people are affected / effected by the floods.
My alarm went off too early this mourning / morning.

Add commas where they are needed in the sentences below.
 Hans originally from Bath now lives in Cardiff.
 Mr Kim 27 was arrested for burglary in 2011.

2 marks

2 marks

3 marks

4. Circle the **possessive pronouns** in the sentences below.

She looked at her and said, "They're mine."

He is a friend of theirs.

Autumn Term: Workout 12

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6.	Read the passage and answer the questions.	~
•	The Ironman distance triathlon is one of the toughest physical tests in the world. Consisting of a 2.4-mile swim, a 112-mile bike ride and a 26.2-mile run, it pushes an athlete's physical and mental strength to breaking point. The original race was conceived in the 1970s as a means of settling an argument over who was fitter — swimmers, cyclists or runners. The number of people entering races of this distance has ballooned in recent years — just reaching the finishing line of one has become a badge of honour.	
**	Why do you think the race is called the 'Ironman'?	
	What does 'conceived' mean in this context?	
	What does the author mean by 'ballooned'?	
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