



The Newcastle Upon Tyne Hospitals **NHS**  
NHS Foundation Trust

Dear Parent/Carer

I am writing in advance to inform you that on Wednesday 17<sup>th</sup> January, your child will take part in a session based around puberty that will be delivered by the School Nursing Team. Boys and girls across both classes will be separated. The sessions are focussed on body and emotional changes for both boys and girls during puberty.

The School Nursing Team will be addressing common misconceptions in a child friendly manner and will be taking an approach which encourages healthy relationships and explores diversity, attraction, and respect.

For any further queries, please contact a member of the Senior Leadership Team through the school office and they will be happy to discuss any concerns you may have.

If you do not want your child to attend this workshop, please put this in a written letter and return to school.