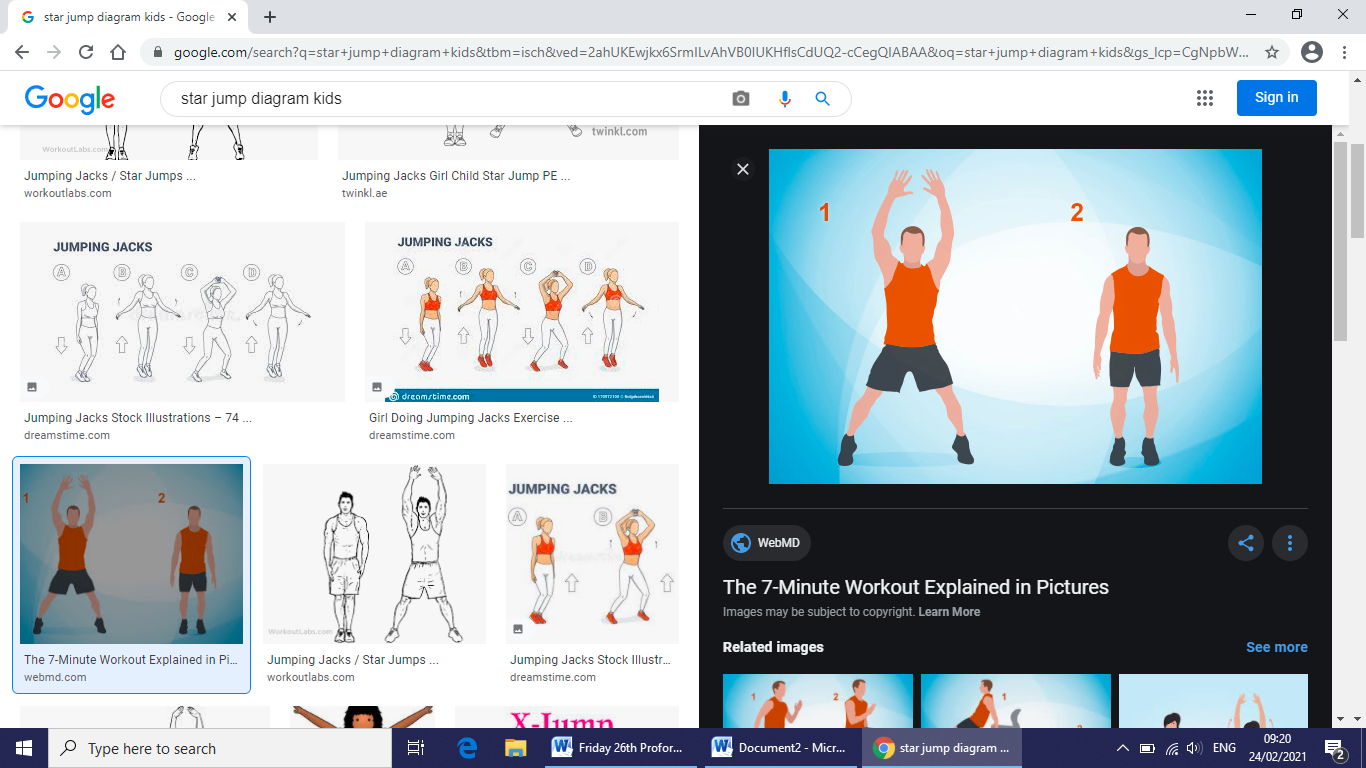
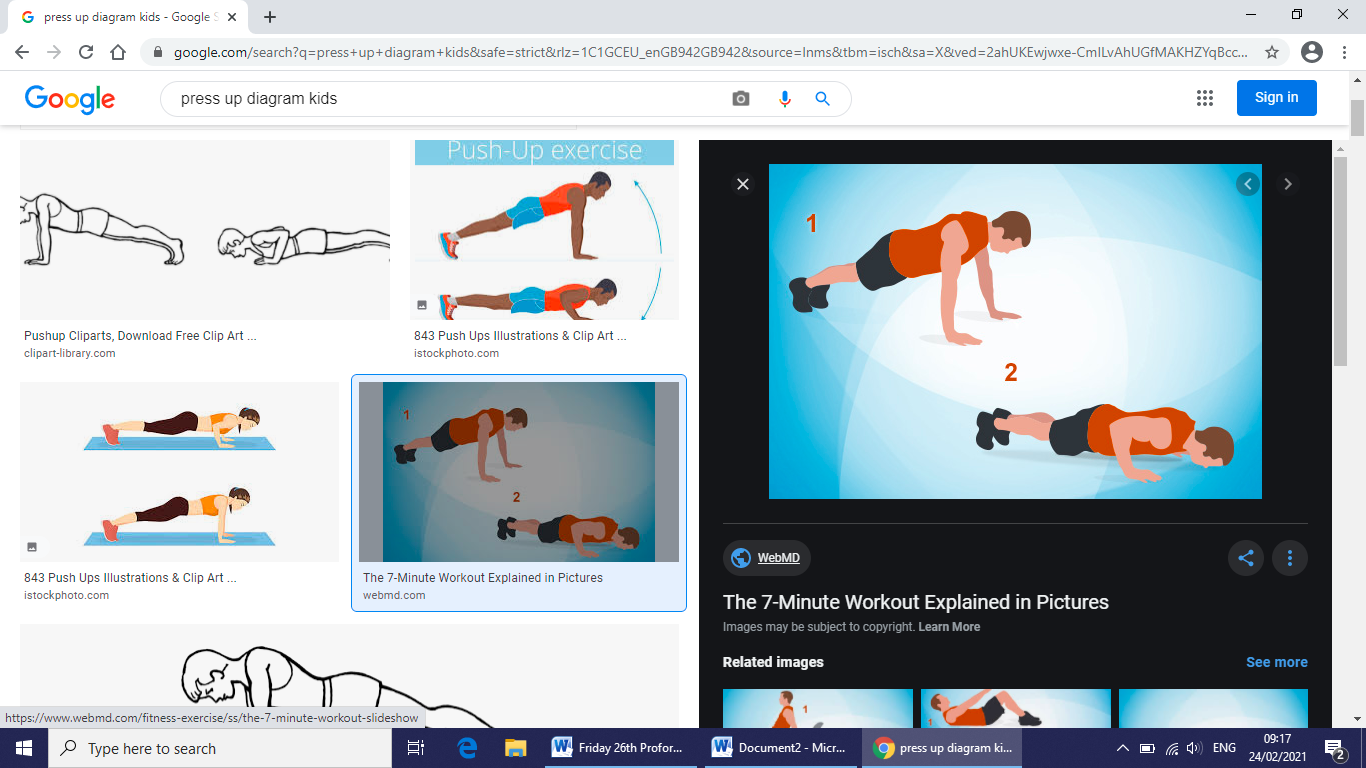
Exercise

Star jump:



Press up:



Sit up:

